



A division of The Evolution Group, Inc.

The Compulsive Gambling Treatment Center

Open since 2002, and located in Albuquerque New Mexico, The Compulsive Gambling Treatment Center is a substantial community resource ranging from simple interventions to a full intensive outpatient treatment Program.

It is unique in that it is a 12-month intensive outpatient program specifically designed for individuals, couples and families dealing with the social issue of problem/disordered "compulsive" gambling.

The center is available to anyone experiencing a problem related to gambling. It is also available to the family members of problem gamblers.

Because of the support we receive from the casino industry in New Mexico we are able to offer these services at no charge on a space available basis. As is often the case with the compulsive gambling population in the latter stages of the disease, resources are scant to non-existent, and so being able to offer these services at no cost is very important.

The Center makes it possible for a person to come to one location to get their treatment needs met. We have an on-site doctor who can prescribe medications if needed, a daily detox acupuncture clinic, and we our staff works together as an interdisciplinary team of multi-cultural practitioners to help individuals and their loved ones get well from their gambling problem.

The Compulsive Gambling Treatment Center offers:

- Comprehensive initial assessments and treatment plans
- Individual, Family, Couples, and crisis intervention services
- Group therapy and Integrity Recovery™ Groups 5 days a week
- An Intensive Outpatient Treatment Program (9 hours per week)
- Co-occurring drug and alcohol and mental health treatment
- A specialized Native American Track for Recovery; ***Indigenous.***
- Bi-lingual counseling in Spanish and English.
- Parenting Classes
- Financial Counseling and Education
- Nutrition and yoga classes
- Training and supervision for therapists and interns

CULTURAL- COMMUNITY-BASED TREATMENT

Our staff is of the cultures of New Mexico and maintains good working relationships with existing community organizations and groups, including Gamblers Anonymous, Gam-Anon, the New Mexico Council on Problem Gambling and treatment providers across New Mexico, Casino Security and Management Personnel, Responsible Gaming Program Coordinators in the casino industry, Alcoholics Anonymous, Narcotics Anonymous, and Al-Anon.



INDIGENOUS – NATIVE AMERICAN TRACK FOR RECOVERY

A separate treatment track for the specialized needs of the Native American population, shares a vision with the overall organization; one of promoting integrity and well being within a multi-cultural treatment context which has proven to be a source of healing for many who have received services here. Native American individuals both urban dwelling and from reservations can find healing here and support for returning to balance.

People who wish to see us call 242-6988 ext. 129 Monday through Friday 8am-7 p.m. to make an appointment. Or visit www.theevolutiongroup.com



Background:

Some people who have a severe gambling disorder need a more intensive intervention (higher level of care). Unfortunately, interventions like inpatient or residential treatment are very costly, especially for the average late stage compulsive gambler. **The Integrity Recovery House (IRH)** is, by comparison, a less expensive approach, a step between intensive outpatient treatment and residential or inpatient treatment for persons with chronic gambling disorders.

IRH is grounded in the philosophy that for some, in order to overcome behavioral addiction like compulsive gambling, having structure, support, and accountability can help restore balance in their lives and get recovery started.

"Recovery house living" is not to be confused with a "halfway house" model in that it is not a post jail or pre jail diversion facility. It is a place for peers who are seeking recovery from gambling disorders. It is based on the sober living house model and is structured in six-month increments. It is a gambling specific recovery program combining the proven approaches of intensive outpatient treatment with nearby structured recovery house living providing accountability and support from peers and professional staff.

Integrity Recovery House residents provide all their own meals, self-care, transportation and personal needs. IRH is a peer community monitored by licensed professionals. It has a minimum of 9 beds available and a maximum capacity of 12 beds available.

Gamblers Anonymous Step Meetings and Gamblers Anonymous General Meetings are offered by G.A., held weekly on the property.

IRH is located within nearby walking distance to the **Compulsive Gambling Treatment Center**. People wishing to inquire call 505-242-6988 ext. 129 or visit www.integrityrecoveryhouse.com to make application.

Who Benefits from These Two Projects?

1. Adult men and women, young, middle aged, or golden, who are diagnosed with disordered/compulsive gambling as their primary issue, or as their dual diagnosis, or as a significantly contributing issue.
2. People who are "at the end of their rope and can't seem to get help elsewhere, either because they just cannot stop gambling, or they are unable to make progress at the intensive outpatient level and need a higher level of care.
3. The Family Members or spouses of Compulsive Gamblers
4. Native American Individuals thru our Native American Track For Recovery: ***Indigenous***.
5. Casino Industry Employees
6. New or existing clinicians seeking internships

Number of Individuals Assisted in 2010

The Compulsive Gambling Treatment Center

Served 131 people in 2010

Integrity Recovery House

Approved twenty three 6 month stays serving 12 people in 2010

Ethnicity:

CGTC

Anglo – 68
Hispanic – 31
Native American – 13
Asian/African American – 9
Other/Unreported – 10

IRH

Anglo - 6
Hispanic - 3
Native American - 2
Asian/African American - 0
Other - 1

How is Success Determined?

Success rates for the ***Compulsive Gambling Treatment Center*** and the ***IRH*** are specific to targeted behaviors. There are many smaller increments of success that lead up to the larger ones like the decision to make an initial appointment, to be honest with a family member, to commit to harm reduction, to open up to others, to get honest, to eliminate denial, to meet with a financial counselor and begin to tackle financial problems, etc.

The following measures are taken and utilized in treatment planning and outcomes:

1. Abstinence
2. Recovery
3. Reduction in time and money spent gambling (Harm Reduction)
4. Self-Exclusion completed
5. Obtained and/or maintain steady employment
6. Increase in ability to budget and pay obligations on time
7. Reduction in gambling-related debt
8. Improvement in Debt to income ratio
9. Improvement in standing with creditors
10. Improvement in standing with state and federal Tax compliance
11. Improved family relations
12. Becoming a participating alumni

Community Impact:

To date these two projects in combination have impacted the state-wide community over the past 9 years in the following ways:

1. Reduced harm due to problem gambling in those we serve
2. Motivated significant periods of abstinence in those we serve
3. Contributed significantly to recovery from gambling addiction
4. Continue to contribute to Alumni harm reduction, periods of abstinence, and Recovery
5. Saved lives – numerous times – literally; averted crises, intervened, de-escalated suicidal situations
6. Saved families from splitting up over gambling addiction
7. Saved marriages from splitting up over gambling addiction
8. Helped families to separate peacefully
9. Supported couples to separate peacefully

- 10.Created a learning environment for present and future therapists to learn the art and science of treating gambling addiction.
- 11.Preventing job losses, theft, and crime
- 12.Empowering individuals to find jobs, to be honest again, to love the simple things, and to realize their potential.
- 13.In some cases we were able to positively impact the lives of those who did not complete the program

Satisfaction Surveys:

To date satisfaction surveys are given to every client seen in the CGTC quarterly and these are shared as part of our reporting practices. Internally we use the information on the reports to improve quality of our services, and to address pertinent issues.



Annual Budget

This Table demonstrates Average Cost of Services for One Client over 12 Months

Average #of Sessions	#Units	Cost	Total	Phase 1	Phase 2	Phase 3	Phase 4	Alumni
Individual Sessions	23 units	\$75.00	\$1,725.00	13 units	7 units	3 units		
Group Sessions	64 units	\$30.00	\$1,920.00	26 units	26 units	12 units	Included	Incl./Ongoing
Psychiatric Sessions	4 units	\$175.00	\$700.00	2 units	1 unit	1 unit		
Initial Assessment	1 unit	\$225.00	\$225.00	1 unit				
Family Session	3 units	\$75.00	\$225.00		3 units			
IOP Sessions	6 Units	\$270.00	\$1,620.00	6 units				
Recovery Workbook	1 Unit	\$25.00	\$25.00	1 unit				
Financial Consulting	9 units	\$55.00	\$495.00	3 units	3 units	3 units		
Total			\$6,935.00	Per client per year				

\$577.00 per month per client

The cost to serve 30 clients for 12 months - \$208,050.00 – our approximate annual operating budget.

Length of treatment varies for everyone. Many people involve their spouse or family members in their treatment.

Rates of attrition (drop outs) vary year to year

Some people complete midyear

The model is efficient, and therefore able to accommodate many more people and services than budgeted for.



Annual Budget

Allocation:	Monthly	Annual	
Rent	6500	78,000.00	
Utilities	750	9000	
Personnel	5583	67,000	
Phone/DSL	190	2280	Phone line/DSL/Cable
Household	300	3600	Supplies
Taxes/Att.	650	7800	Property Taxes
C/IT Cost	200	2400	Comp. maintenance
Website	150	1800	Webmaster
Insurance	150	1800	
Repair/Maint.	600	5000	Maintenance/repairs
Misc Supplies	250	3000	
Furn/Repair	250	3000	
	\$15,573.00	\$186,876.00	

Residents at IRH are expected to work towards paying \$300.00 of their Recovery House monthly Fees, if possible.

Total Annual Budget for both Programs: \$394,926.00

Sources of Funding 2010

Funding Received - January – December 2010

<u>Donations</u>	Jan-Mar 10	Apr-Jun 10	Jul-Sep 10	Oct-Dec 10	Jan-Dec 10
Apache Nugget Corporation	2,709.92	0.00	0.00	0.00	2,709.92
Camel Rock Casino	4,600.00	0.00	0.00	0.00	4,600.00
Hard Rock Hotel/Casino	10,000.00	0.00	20,000.00	0.00	30,000.00
Laguna Develop Corp	8,000.00	18,250.00	4,250.00	4,250.00	34,750.00
Mescalero Apache Tribe	5,000.00	0.00	5,000.00	0.00	10,000.00
Okay Casino	17,069.38	0.00	0.00	0.00	17,069.38
San Felipe	19,500.00	0.00	10,000.00	0.00	29,500.00
Sandia Resort & Casino	30,000.00	0.00	0.00	30,000.00	60,000.00
Santa Ana/Tamaya	110,000.00	0.00	0.00	0.00	110,000.00
Santa Claran/Big Rock	17,000.00	0.00	2,900.00	0.00	19,900.00
Sunland Park R&C	40,000.00	0.00	0.00	10,000.00	50,000.00
Total	263,879.30	18,250.00	42,150.00	44,250.00	368,529.30

Hours of Service:

The **Compulsive Gambling Treatment Center** is open from 8am to 7pm Monday thru Friday and Saturdays 8am to Noon.

Integrity Recovery House is a seven day a week, 24 hour a day recovery living facility for compulsive Gamblers. House staff is always available and clinical staff is always on call and available.

After Hours Services:

Our clinical staff is always on call 24x7.

Referral Sources:

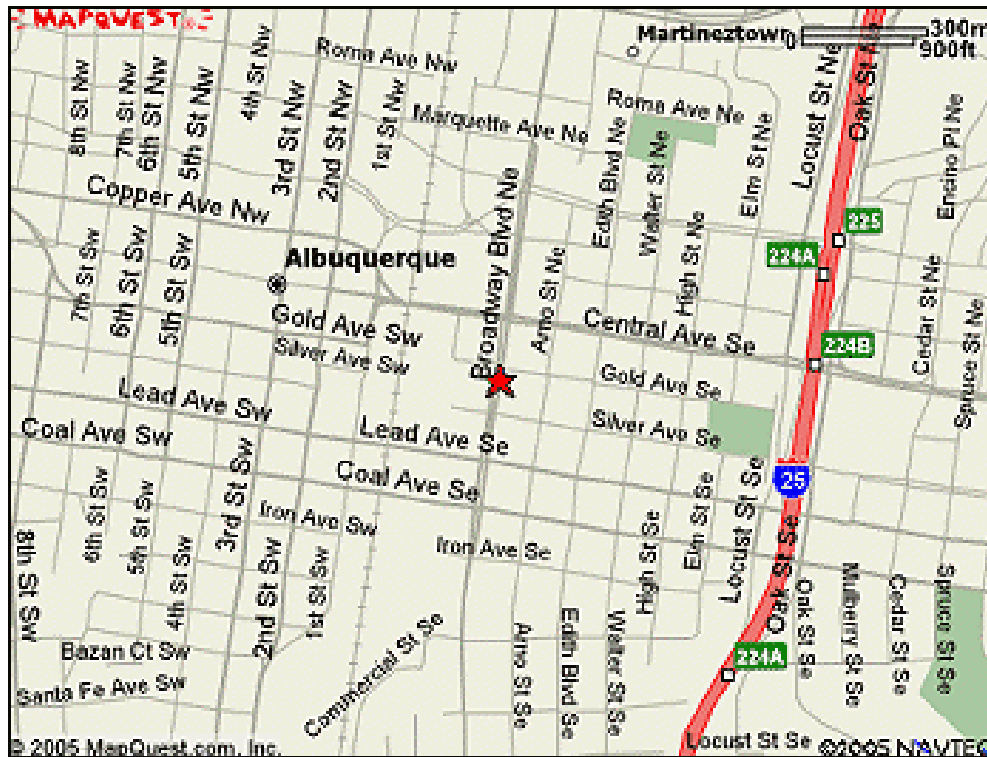
- Casino Security and Responsible Gaming Coordinators
- Treatment Providers
- New Mexico Council on Problem Gambling
- Website Hits
- Hospitals
- Attorneys
- Bank Managers
- Health Fairs
- Elderly Centers
- Loan companies
- Brochures/Cards
- Past clients

Our Staff:

1. Daniel Blackwood, LPCC, NCGC/BACC II, ABCCGC, NMCPG, CSAT Candidate
2. Donalyn Sarracino, NCCG-II Certified
3. David Lente, LADAC, NCGC Certified
4. Sandra Spurlock, LMFT, NCGC Certified
5. Ilse Burton, LPCC, NMCPG Certified, NCGC Exam Candidate
6. Mary Archibeque, LPC NMCPG Certified, NCGC Exam Candidate
7. Mary Jaseph, LMHC NMCPG Candidate, NCGC Exam Candidate
8. Cristy Chavez, M.A. – LADAC, NMCPG Certified, NCGC Exam Candidate
10. Nikkia Rubio, LMSW Candidate, NMCPG Candidate, NCGC Candidate
12. Mae Bell Pendleton, Financial and tax advisor to Gambling Clients

Our Location: **The Compulsive Gambling Treatment Clinic**
218 Broadway SE
Albuquerque NM 87102

Integrity Recovery House
212 Broadway SE
Albuquerque NM 87102





218 Broadway SE
Albuquerque, NM 87102
(505) 242-6988 ext. 112
www.theevolutiongroup.com

The Compulsive Gambling Treatment Center offers:

1. Comprehensive Assessment and Treatment Planning
2. Intensive outpatient specialized gambling recovery treatment
3. Relapse prevention and money management
4. Identify and address personal relationship and family issues
5. Work the 10 levels of Integrity Recovery
6. Reunite in recovery with family members
7. Restore financial solvency
8. Gamblers Anonymous Meetings available
9. Specialized Native American Track and Spanish Speakers Track for recovery
10. Reasonable rates – Scholarship is made possible on a case by case funds available basis
11. Our licensed staff is highly skilled caring individuals with big hearts certified in gambling treatment

Our clients report that the counseling treatment services and their overall experience at the Compulsive Gambling Treatment Center has helped them to develop integrity, wellness, self-esteem and confidence for long-term recovery.

Gambling Problem?



Integrity Recovery House - A three phase - 6 month structured recovery living facility. Specifically for problem gamblers with an intensive outpatient gambling treatment clinic next door - proven to help clients restore their integrity and recover from gambling addiction. We have separate men's and women's facilities.

- ❖ Reasonable rates - Scholarship is made possible on a case by case funds available basis
- ❖ High quality environment that fosters self respect through personal accountability
- ❖ We work with treatment providers who wish to refer their clients who can then return for aftercare

The Compulsive Gambling Treatment Center

- | | |
|---|--|
| 1. Intensive outpatient specialized gambling recovery treatment | 5. Reunite in recovery with family members |
| 2. Relapse prevention and money management | 6. Restore financial solvency |
| 3. Identify and address personal relationship and family issues | 7. Gamblers Anonymous Meetings available |
| 4. Work the 10 levels of Integrity Recovery | |

Our clients report that the long-term structure of the Integrity Recovery House lifestyle in combination with the services and their experiences at the Compulsive Gambling Treatment Center helps them to develop self-esteem and confidence for long-term recovery.



INTEGRITY RECOVERY HOUSE

218 Broadway SE / Albuquerque, NM 87102 / (505) 242-6988 ext. 112 / www.theevolutiongroup.com.com



Tips to Responsible Gambling

1. Treat the Money you lose as the Cost of Your Entertainment.
2. Plan Ahead – Set a Money Limit and Stick to it.
3. Set a Time Limit and Stick to it.

4. Be Prepared to Lose.
5. Make it a Private Rule NOT to Gamble on Credit
6. Create Balance in Your Life
7. Avoid “Chasing” Lost Money
8. Don’t Gamble as a way to cope with Emotional or Physical Pain.
9. Become Educated about the Warning Signs of Compulsive/Problem Gambling
10. Be honest with yourself by looking at whether this activity is hurting you or someone you love.
11. Seek help if you cannot stop on your own.